

Virginia

- *Jump Rope and Hoops for Heart* raised over 2.7 million dollars across the state.
- VAHPERD offers Grants for Jump Rope and Hoops for Heart in order for schools to purchase physical education equipment or to attend professional development workshops.
- VAHPERD continued *Healthy Connections* at our annual 2009 convention. This "Health Fair" area of the convention provides services to attendees including massage, reflexology, health related information, and a chance to win prizes.
- VAHPERD continued to offer CHES credits during our annual convention. There was a total of 37 credits available at this year's conference.



- In the area of outreach, VAHPERD sponsored its 3rd Annual Southwest Virginia Conference in June and its 1st Annual Eastern/Central Virginia Conference in September. The goal of this outreach mission is to reach health and physical educators who may not be able to attend other professional development opportunities.
- VAHPERD continues to help sponsor the *Health and Physical Activity Institute* which is held every summer at James Madison University in July. This conference recruits and obtains renowned speakers from around the country.
- VAHPERD continues to sponsor OHPEP (Outstanding Health and Physical Education Programs), a network of master teachers who travel across the state and present workshops in the areas of health, physical education, and technology.
- VAHPERD is proud to have the 2010 Southern District Health Teacher of the Year (K-12), Pat Larsen.

Health Happenings

2010

What is Happening in the Southern District?



SDAAHPERD Health Division

Past Vice President

Kay Schiltz

Vice President

Lisa Johnson

Vice President Elect

Dee Castelvechchi

Tennessee

- TAHPERD continues its partnership with Coordinated School Health. The state of Tennessee continues to fund Coordinated School Health in all Tennessee counties. Funds support the development of a local infrastructure to promote health and wellness for all students and staff. The eight components of CSH in Tennessee include: Comprehensive School Health Education (grades K-12); Physical Education and Activity; Nutrition Services; School Health Services; School Counseling; Psychological and Social Services; Healthy and Safe School Environment; Student, Family and Community Involvement in Schools; and Health Promotion for School Staff. Each school system has different means for implementation. Metropolitan Nashville Public Schools, for example, has Healthy School Teams in each school. These teams consist of Physical Education Teachers, Wellness/Health teachers, Custodian, Administrator, School Counselor, Cafeteria Manager and a Community Member.
- In April of 2009 members of TAHPERD spent a day at the State Capitol lobbying legislators for more Physical Education/Wellness/Health in our Tennessee schools. Tennessee continues to be in the top 5 for Childhood Obesity and Type II diabetes among children. Members will continue advocacy to help decrease these numbers.
- One of eight TAHPERD grants was awarded in the Health division for Coordinated School Health.
- The TAHPERD Health Division is currently working to find presenters for the 2010 Convention that will be held in Murfreesboro, TN.



Georgia

- Jump and Hoops for Heart has raised \$159,214 across the state this year.
- GAHPERD offers Grants for Jump Rope and Hoops for Heart schools for equipment.
 - The State Board of Education recently approved the draft of the new Georgia Performance Standards for Health Education. The Standards can be found on the georgiastandards.org website
- GAHPERD focused our annual conference on the new Georgia Performance Standards for Health. GPS training and guest speakers were some of the many sessions offered.
- GAHPERD supported the Georgia Department of Education Health Standards Writing Team by providing lunches and such....
- GAHPERD sponsors the "Health and Physical Activity Summer Institute". This institute invites renowned speakers from across the country.
- GAHPERD is proud to have three of our members; Shannon Williams, Jeanne Huck, and David Martinez receive 2009 Southern District awards this past spring in Tampa Florida. Dave Martinez, an adaptive physical education teacher from Cherokee County, was named the AAPERD Adapted Physical Education Teacher of the Year.



Alabama



- From the money raised for American Heart Association through Jump and Hoops for Heart, ASAHPERD received \$45,000.
- The Health Division is considering adding councils to generate more interest in health.
- Changes/Updates on State Health Curriculum: Alabama Course of Study: Health Literacy was approved spring 2009 by Alabama State Department of Education
- Training on Alabama Course of Study: Health Literacy occurred summer 2009 and at ASAHPERD Fall Conference 2009
- ASAHPERD worked with state partners to develop a needs assessment: This survey seeks to determine who is teaching health in K-12 schools, what is being taught, what components from Coordinated School Health are being addressed, what textbooks or curricula are being used, and what would it take for schools to do a better job of teaching the Alabama Course of Study: Health Literacy. The goal is to use the information from the needs assessment to increase quality health education K-12. This information will guide the Health Division of ASAHPERD in our program planning. The Alabama State Department of Education has the survey posted on Survey Monkey.
- Fall Conference 2009: We had exciting speakers who will spoke on health curriculum implementation. Our featured speaker was Paula Nettleton, Director Educational Materials Center, Michigan Model for Health.
- Fall Conference attendance was 900.
- Fall Conference Tail-gate raised \$800 for Camp Seale Harris.
- Our contact from Alabama State Department of Public Health is working on a Diabetes Initiative sponsored by Johnson and Johnson.
- American Heart Assn Alabama Advocacy Subcommittee topics included stroke systems and smoke-free legislation.
- Our ASAHPERD President, Connie Dacus, is working to establish a Medical Advisory Council to keep the board and membership abreast of issues related to risk factors addressing school age children.

North Carolina

- NCAHPERD offers grants for Jump Rope and Hoops for Heart schools for equipment, professional development opportunities.
- NCAHPERD annual convention theme in 2009 was “**Resolve to be Healthy**”.
- NCAHPERD provided over 20 health sessions for teachers to obtain continuing education units toward their health certification.
- NCAHPERD sponsored the Physical Education Leadership Training to assist state physical education teachers in meeting state standards.
- NCAHPERD sponsors the In School Prevention of Obesity and Disease (ISPOD) project to train physical education teachers the SPARK curriculum.
- NCAHPERD continues to provide the *Successfully Teaching Health* manuals for Middle School and High School PE & Health teachers throughout the state.

NCAAHE 2009 award winners

Elementary Health Educator of the Year: **Linda Garris**

Middle School Health Educator of the Year: **Sally Meserole**

High School Health Educator of the Year: **Shana Whitley**

University/College Health Educator of the Year: **Dr. Teresa Dail**

Distinguished Friend of Health: **Robin Bergeron-Nolan**



Florida

- FAHPERDS members assisted with rewriting all Health Education Course Descriptions to align with the Next Generation of Sunshine State Standards for Health Education.
- FAHPERDS members will assist the Florida Department of Education to rewrite the Health Teacher Certification Exam.
- FAHPERDS members continue to support the Health Education Assessment Project (HEAP) trainings across the state including the pre conference during the 2009 FAHPERDS Conference.
- FAHPERDS members have been partners with the Florida Department of Education's Office of Healthy Schools and the Florida School Health and Education Consortium to develop the Florida Healthy School District Award. Eight school districts were recognized as meeting the criterion of all 8 components that align to the Coordinated School Health Model.
- FAHPERDS members support the Alliance for a Healthier Generation's Healthy Schools Program. In 2009, 25 schools across Florida received national Recognition Awards.
- Although the bill for required Health Education for High School Students failed passage during the 2009 Legislative Session, it is FAHPERDS priority for the 2010 Session. The American Heart Association, Council of District Administrators, Florida School Health Association, Florida PTA, and Alliance for a Healthier Generation are working with FAHPERDS to pass this important educational requirement.
- FAHPERDS members in Brevard, Orange, Seminole, Volusia, Osceola and Lake School Districts are working with the Arnold Palmer Children's Hospital to provide free access to Health Teacher Online to all K-12 teachers.



Oklahoma



- OAHPERD Convention (October 9, 2009) provided health presentations at every session. Topics included: HIV / AIDS Education in public schools, addressing Oklahoma's health inequities, careers in school and public health, and coordinated school health programs.
- Jump Rope for Heart generated \$35,000 for OAHPERD in 2009.
- OAHPERD is undergoing new web site development which will include tools that members can use to promote health.
- OAHPERD Legislative Day (advocacy with our state representatives) is set for February 3, 2010. OAHPERD Board & Council members, state members and students at various universities will take part in advocacy efforts with state legislators.

